

# today...

Date: \_\_\_\_\_

My aim: \_\_\_\_\_

to do list

to do list

Notes

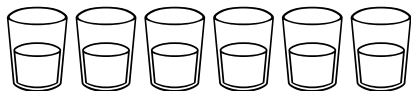
Notes

time

plans

time	plans

Water?



Breakfast

Lunch

Dinner

Breakfast	Lunch	Dinner